Pro X Elite Baseball Summer Training Baseball Academy						
June 7th - July 13th						
Mondays and Tuesdays. Grades 3rd-6th/Grades 7th-HS						
	June					
6/7/2021	Monday	7th - HS		6/14/2021	Monday	7th - HS
Time	Skill	Location		Time	Skill	Location
12:00pm	Pitching	Field 4A		12:00pm	Pitching	Field 4A
12:00pm	Defense	Field 1 and 2		12:00pm	Defense	Field 1 and 2
12:45pm	Hitting/Live BP	Field 1 and 2		12:45pm	Hitting/Live BP	Field 1 and 2
1:30pm	Speed/Agility/Strength	Field/Weight Room		1:30pm	Speed/Agility/Strength	Field/Weight Room
6/7/2021	Monday	3rd - 6th Grade		6/14/2021	Monday	3rd - 6th Grade
Time	Skill	Location		Time	Skill	Location
1:30pm	Speed/Agility/Strength	Field/Weight Room		1:30pm	Speed/Agility/Strength	Field/Weight Room
2:30pm	Pitching	Field 4A		2:30pm	Pitching	Field 4A
2:30pm	Defense	Field 1 and 2		2:30pm	Defense	Field 1 and 2
3:15pm	Hitting/Live BP	Field 1 and 2		3:15pm	Hitting/Live BP	Field 1 and 2
6/8/2021	Tuesday	7th - HS		6/15/2021	Tuesday	7th - HS
Time	Skill	Location		Time	Skill	Location
12:00pm	Pitching	Field 4A		12:00pm	Pitching	Field 4A
12:00pm	Defense	Field 1 and 2		12:00pm	Defense	Field 1 and 2
12:45pm	Hitting/Live BP	Field 1 and 2		12:45pm	Hitting/Live BP	Field 1 and 2
1:30pm	Speed/Agility/Strength	Field/Weight Room		1:30pm	Speed/Agility/Strength	Field/Weight Room
6/8/2021	Tuesday	3rd - 6th Grade		6/15/2021	Tuesday	3rd - 6th Grade
Time	Skill	Location		Time	Skill	Location
1:30pm	Speed/Agility/Strength	Field/Weight Room		1:30pm	Speed/Agility/Strength	Field/Weight Room
2:30pm	Pitching	Field 4A		2:30pm	Pitching	Field 4A
2:30pm	Defense	Field 1 and 2		2:30pm	Defense	Field 1 and 2
3:15pm	Hitting/Live BP	Field 1 and 2		3:15pm	Hitting/Live BP	Field 1 and 2
6/21/2021	Monday	7th - HS		6/28/2021	Monday	7th - HS
Time	Skill	Location		Time	Skill	Location
12:00pm	Pitching	Field 4A		12:00pm	Pitching	Field 4A
12:00pm	Defense	Field 1 and 2		12:00pm	Defense	Field 1 and 2
12:45pm	Hitting/Live BP	Field 1 and 2		12:45pm	Hitting/Live BP	Field 1 and 2
1:30pm	Speed/Agility/Strength	Field/Weight Room		1:30pm	Speed/Agility/Strength	Field/Weight Room
6/21/2021	Monday	3rd - 6th Grade		6/28/2021	Monday	3rd - 6th Grade
Time	Skill	Location		Time	Skill	Location
1:30pm	Speed/Agility/Strength	Field/Weight Room		1:30pm	Speed/Agility/Strength	Field/Weight Room
2:30pm	Pitching	Field 4A		2:30pm	Pitching	Field 4A
2:30pm	Defense	Field 1 and 2		2:30pm	Defense	Field 1 and 2
3:15pm	Hitting/Live BP	Field 1 and 2		3:15pm	Hitting/Live BP	Field 1 and 2
6/22/2021	Tuesday	7th - HS		6/29/2021	Tuesday	7th - HS
Time	Skill	Location		Time	Skill	Location
12:00pm	Pitching	Field 4A		12:00pm	Pitching	Field 4A
12:00pm	Defense	Field 1 and 2		12:00pm	Defense	Field 1 and 2
12:45pm	Hitting/Live BP	Field 1 and 2		12:45pm	Hitting/Live BP	Field 1 and 2
1:30pm	Speed/Agility/Strength	Field/Weight Room		1:30pm	Speed/Agility/Strength	Field/Weight Room
6/22/2021	Tuesday	3rd - 6th Grade		6/29/2021	Tuesday	3rd - 6th Grade
Time	Skill	Location		Time	Skill	Location
1:30pm	Speed/Agility/Strength	Field/Weight Room		1:30pm	Speed/Agility/Strength	Field/Weight Room
2:30pm	Pitching	Field 4A		2:30pm	Pitching	Field 4A
2:30pm	Defense	Field 1 and 2		2:30pm	Defense	Field 1 and 2
3:15pm	Hitting/Live BP	Field 1 and 2		3:15pm	Hitting/Live BP	Field 1 and 2
7/5/2021	Monday	7th - HS		7/12/2021	Monday	7th - HS
Time	Skill	Location		Time	Skill	Location
12:00pm	Pitching	Field 4A		12:00pm	Pitching	Field 4A
12:00pm	Defense	Field 1 and 2		12:00pm	Defense	Field 1 and 2
12:45pm	Hitting/Live BP	Field 1 and 2		12:45pm	Hitting/Live BP	Field 1 and 2
1:30pm	Speed/Agility/Strength	Field/Weight Room		1:30pm	Speed/Agility/Strength	Field/Weight Room
7/5/2021	Monday	3rd - 6th Grade		7/12/2021	Monday	3rd - 6th Grade
Time	Skill	Location		Time	Skill	Location
1:30pm	Speed/Agility/Strength	Field/Weight Room		1:30pm	Speed/Agility/Strength	Field/Weight Room
2:30pm	Pitching	Field 4A		2:30pm	Pitching	Field 4A
2:30pm	Defense	Field 1 and 2		2:30pm	Defense	Field 1 and 2
3:15pm	Hitting/Live BP	Field 1 and 2		3:15pm	Hitting/Live BP	Field 1 and 2
7/6/2021	Tuesday	7th - HS		7/13/2021	Tuesday	7th - HS
Time	Skill	Location		Time	Skill	Location
12:00pm	Pitching	Field 4A		12:00pm	Pitching	Field 4A
12:00pm	Defense	Field 1 and 2		12:00pm	Defense	Field 1 and 2
12:45pm	Hitting/Live BP	Field 1 and 2		12:45pm	Hitting/Live BP	Field 1 and 2
1:30pm	Speed/Agility/Strength	Field/Weight Room		1:30pm	Speed/Agility/Strength	Field/Weight Room
7/6/2021	Tuesday	3rd - 6th Grade		7/13/2021	Tuesday	3rd - 6th Grade
Time	Skill	Location		Time	Skill	Location
1:30pm	Speed/Agility/Strength	Field/Weight Room		1:30pm	Speed/Agility/Strength	Field/Weight Room
2:30pm	Pitching	Field 4A		2:30pm	Pitching	Field 4A
2:30pm	Defense	Field 1 and 2		2:30pm	Defense	Field 1 and 2
3:15pm	Hitting/Live BP	Field 1 and 2		3:15pm	Hitting/Live BP	Field 1 and 2